

THE HELPLINE

For Care Experienced people and those supporting them.

0330 107 7540

Open 12 noon to 4pm Monday to Friday



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We offer connection, a listening ear, lifelong advocacy, support and signposting around the following:

Finances . Benefits . Housing . Health . Employment . Education . Rights.

*Care Experienced is anyone who is currently in care or has been for any length of time regardless of their age. This care may have been provided in many different settings: Kinship Care, Looked After At Home, Residential Care, Foster Care, Secure Care, Adoption.