THE HELPLINE
For Care Experienced people and those supporting them.
0330 107 7540
Open 12 noon to 4pm Monday to Friday
We offer connection, a listening ear, lifelong advocacy, support and signposting around the following:

- Finances
- Benefits
- Housing
- Health
- Employment
- Education
- Rights

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*Care Experienced* is anyone who is currently in care or has been for any length of time regardless of their age. This care may have been provided in many different settings: Kinship Care, Looked After At Home, Residential Care, Foster Care, Secure Care, Adoption.