



**WHO  
CARES?**  
SCOTLAND



## **THE HELPLINE**

**For Care Experienced people  
and those supporting them.**

**0330 107 7540**

**Open 12 noon to 4pm  
Monday to Friday**



**0330 107 7540**

OR



**[help@whocarescotland.org](mailto:help@whocarescotland.org)**

**Open 12 noon to 4pm Monday to Friday**

We offer connection, a listening ear, lifelong advocacy, support and signposting around the following:

**Finances . Benefits . Housing . Health . Employment . Education . Rights.**

**\*Care Experienced** is anyone who is currently in care or has been for any length of time regardless of their age. This care may have been provided in many different settings: Kinship Care, Looked After At Home, Residential Care, Foster Care, Secure Care, Adoption.