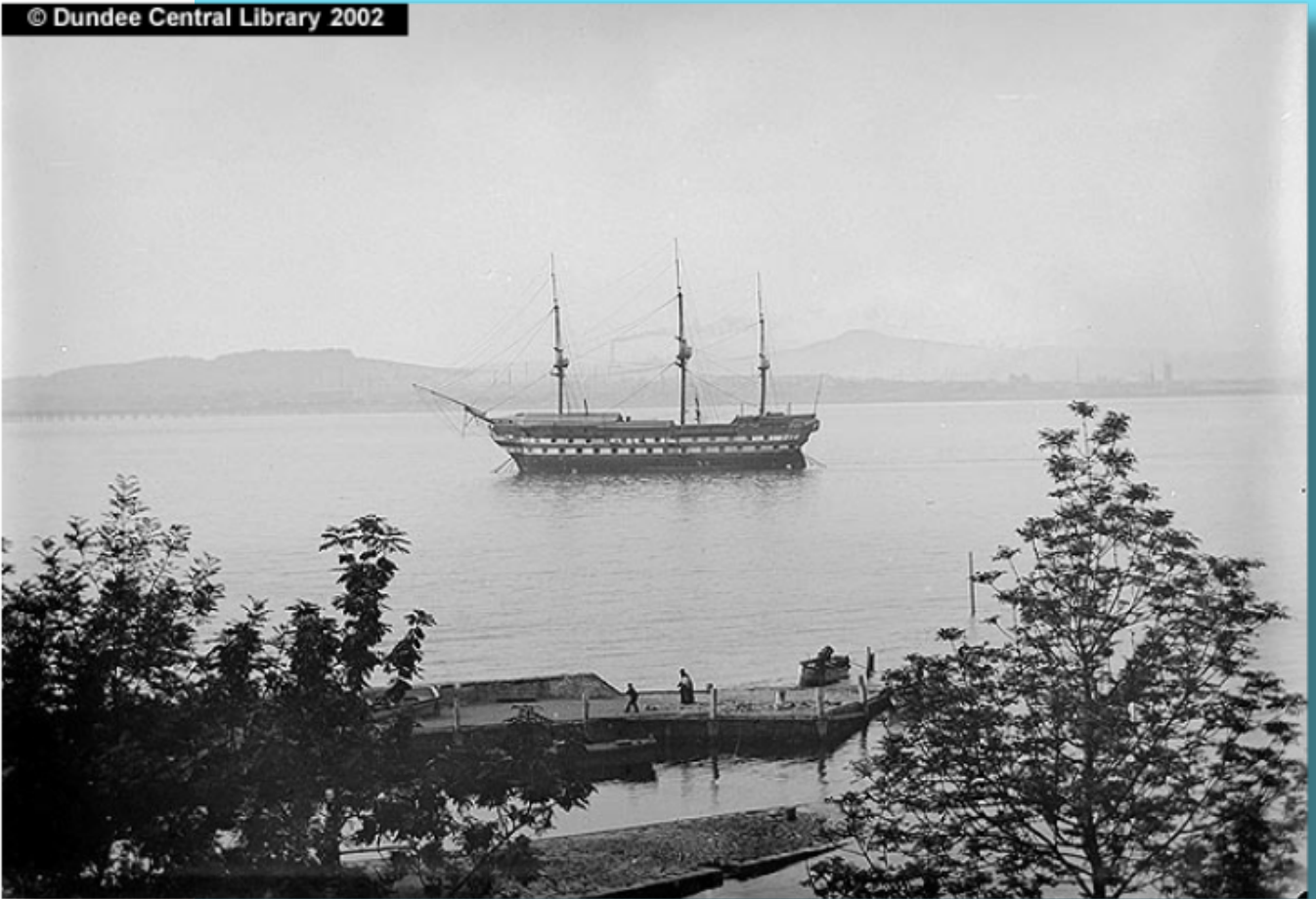


CARE EXPERIENCED HISTORY MONTH

LESSON PLAN

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CARE EXPERIENCED HISTORY MONTH (SCOTLAND)

WHY USE THIS RESOURCE?

Care Experienced people have been part of societies across the world for as long as can be remembered. They are just like everyone else with hopes, dreams and aspirations. However, too often they have been left adrift having to navigate through life by themselves in a world that often doesn't understand them, their childhood or the impact of their time in care.

Care Experienced History Month (April 2021) aims to educate and improve public understanding of what Care Experience is and encourage people to explore the rich history of the community.

Much of our understanding of the care system and the community has been shaped by stories heard in the news, and the portrayals seen in popular culture; in fiction, television, books and movies. More often than not, these representations of Care Experienced people adhere to the stereotypes and tropes associated with the community.

It is rare that they are an accurate portrayal. Throughout Care Experienced History Month, we hope to reach people who may not be aware of the realities of what being Care Experienced is like and to provide a deeper understanding of care.

CURRICULUM FOR EXCELLENCE:

Es and Os



- I can use evidence to recreate the story of a place or individual of local historical interest. **SOC 1-03a**
- I can compare aspects of people's daily lives in the past with my own by using historical evidence or the experience of recreating a historical setting. **SOC 1-04a**
- I can use my knowledge of a historical period to interpret the evidence and present an informed view. **SOC 3-01a**
- By studying groups in past societies who experienced inequality, I can explain the reasons for the inequality and evaluate how groups or individuals addressed it. **SOC 4-04a**

INTRODUCTION

Since the beginning of human civilisation, Care Experienced people have been present across all corners of the world.

Throughout history, Care Experienced people shaped the world that we live in today. Their contributions have changed society as we know it.

However, their collective history is not often told. Care Experienced History Month wants to change this by sharing the rich and diverse heritage of Care Experienced people.

By completing this lesson, pupils will have a better understanding of what it means to be a Care Experienced person today and in the past. They will begin to learn about the history of Care Experienced people in Scotland while having the opportunity to reflect on Care Experienced people they may know in their own life.

Finally, pupils will gain a better knowledge of the inequality present in Scottish society through critical engagement with Care Experienced History Month.

LEARNING OUTCOMES

- I am learning about who Care Experienced people are
- I am learning about the different types of care
- I am learning about the treatment of Care Experienced people in the past

SUCCESS CRITERIA

- I can explain what the phrase Care Experience means and the people it describes
- I can provide different examples of Care Experience
- I can give an example of a moment in the history of Care Experienced people in Scotland



Photo credit: Libraries, Leisure & Culture Dundee

LESSON PLAN OUTLINE

BELOW IS AN OUTLINE OF THE LESSON PLAN AND HOW LONG WE RECOMMEND YOU SPEND ON EACH SECTION.

PARTS	TYPE	DURATION
PART 1 WHAT IS CARE EXPERIENCE	PRESENTATION	15 mins.
PART 2 GOING BACK IN TIME: THE HMS MARS	VIDEO	10 mins
PART 3 ACTIVITY	GROUP WORK	15 mins.

PART 1: WHAT IS CARE EXPERIENCE

THIS PART OF THE LESSON IS TO EXPLAIN THE TERM 'CARE EXPERIENCE' AND THE DIFFERENT KINDS OF CARE EXPERIENCE IT REFERS TO.

OVERVIEW

For this part of the lesson, we recommend going over the definition of Care Experience and the different types of care provided in the teacher's pack.

After going through the types of care, we think it would be beneficial to humanise this experience by highlighting famous figures who are Care Experienced. There are examples of this included in this guide. However, you are welcome to use any Care Experienced person. After explaining the definitions, we recommend asking students open-ended questions to get them thinking more on the subject. These could be:

- Can you think of anyone else who is Care Experienced?
- Is there any film or TV characters you can name who are Care Experienced?
- What makes these characters/people Care Experienced?



STEVE JOBS
ADOPTED



ELEANOR ROOSEVELT
KINSHIP CARE



FATIMA WHITBREAD
RESIDENTIAL AND ADOPTED

PART 1: WHAT IS CARE EXPERIENCE



ALEXANDER HAMILTON
FOSTER CARE



CHER
FOSTER AND KINSHIP CARE



JAMES MCAVOY
KINSHIP CARE



JACKIE KAY
ADOPTED



ROSA PARKS
KINSHIP CARE



COCO CHANEL
RESIDENTIAL

PART 2: GOING BACK IN TIME: THE HMS MARS

THIS PART OF THE LESSON IS A VIDEO THAT WILL GIVE STUDENTS AN OVERVIEW OF A TYPICAL DAY OF A CARE EXPERIENCED PERSON IN THE PRESENT DAY AND IN THE PAST.



CARE EXPERIENCED

HISTORY MONTH

APRIL 2021 MARKS THE **FIRST-EVER CARE EXPERIENCED HISTORY MONTH**

[CLICK THE IMAGE TO PLAY THE VIDEO](#)

THE HMS Mars was a former warship, turned ragged school for boys across Scotland from 1869 and 1929. During its time in service as a 'training ship' over six and half thousand boys aged between 10 and 16 years old were sent to live aboard the HMS Mars. Equipped to house up to 400 boys, the ship was launched as part of a broader movement to establish industrial schools for poor, vagrant and destitute children in Britain. The Mars was closed down and the ship towed to Inverkeithing in June 1929 to be broken up, after sixty years as a home to boys and staff. The advent of the steamship, and then the proliferation of destroyers, ended the demand for young boys to work aboard sailing ships.

After watching the video we recommend a whole class discussion about the content explored within the video.

PART 3: ACTIVITY

THIS PART OF THE LESSON IS A GROUP ACTIVITY BUILDING ON WHAT THE STUDENTS HAVE JUST LEARNT FROM PART 2.

We recommended that this activity is done in groups of 5 pupils. To begin, groups should be presented with 10 statements (listed below). We recommend doing this with a worksheet or with the individual statements printed out on flashcards to be physically sorted.

The first 5 statements relate to elements of a Care Experienced young person's life experience today in Scotland. The remaining 5 will relate to the experiences of the boys on the HMS Mars. We encourage that pupils in their groups are presented statements one by one and group discussion should take place to decide whether the statement matches with the experiences of Care Experienced people today or in the past. Once, all groups have decided where the statements below we recommended that the teacher read each statement out to confirm what category they belong to and provide a space for whole-class reflections.

THEN

1. Removed from family to live in a place with hundreds of other children.
2. A strict routine that included housework and school.
3. Only allowed to leave when given permission and had to stick to strict rules when out.
4. Expected to dress a certain way.
5. Had to leave the place when they turned 16.

NOW

1. Removed from family to live in another setting, sometimes with other children
2. Often move school more than once and have disrupted education
3. Regularly attend meetings to discuss most aspects of their life (leisure activities, seeing friends etc)
4. Given a monthly allowance for clothing etc
5. Can stay in their placement until they are 21



Photo credit: Libraries, Leisure & Culture Dundee

USEFUL INFORMATION

HERE YOU CAN FIND DIFFERENT DEFINITIONS OF CARE AND SUPPORT OFFERED TO PEOPLE WITH EXPERIENCE OF ARE THAT IS SPECIFIC TO EDUCATION.

WWW.UCAS.COM/PROVIDERS/GOOD-PRACTICE/EMERGING-COHORTS/CARE-EXPERIENCED-STUDENTS

WWW.SAAS.GOV.UK/FULL-TIME/SUPPORT-FOR-CARE-EXPERIENCED-STUDENTS

WWW.GOV.SCOT/POLICIES/LOOKED-AFTER-CHILDREN/CORPORATE-PARENTING/

WWW.CORPORATEPARENTING.ORG.UK/

WWW.WHOCARESSCOTLAND.ORG/WHAT-WE-DO/SUPPORT-TO-CORPORATE-PARENTS/

WWW.WHATWORKS-CSC.ORG.UK/RESEARCH-REPORT/CARE-EXPERIENCED-YOUNG-PEOPLE-AND-HIGHER-EDUCATION/

WWW.EDUCATION.GOV.SCOT/IMPROVEMENT/SCOTLAND-LEARNS/RESOURCES-FOR-PRACTITIONERS/SCOTTISH-ATTAINMENT-CHALLENGE-2020-21-EQUITY-IN-EDUCATION/FOCUS-ON-CARE-EXPERIENCED-CHILDREN-AND-YOUNG-PEOPLE/

WWW.LEAPSONLINE.ORG/SCHOOLSTUDENTS/BLOGS/SUPPORT-CARE-EXPERIENCED-STUDENTS

[HTTPS://REACH.SCOT/CARE-EXPERIENCED/VOICES-OF-PUPILS-IN-CARE/](https://REACH.SCOT/CARE-EXPERIENCED/VOICES-OF-PUPILS-IN-CARE/)

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