

# Newsletter and Promising Practice



December 2022



**WHO  
CARES?**  
SCOTLAND



## The Love Rally Returns

As part of Care Experienced Week we held our first in-person Love Rally in two years. Police Scotland estimated there were around 500 people in attendance marching from the Doulton Fountain in Glasgow Green to George Square. It was a bit cold and wet but all the bright outfits and placards soon warmed everyone up. Samba Ya Bamba helped keep the pace with some energetic music.

Once we got to George Square we heard speeches from a range of Care Experienced campaigners: [Carmel Jacob](#), [Charlotte Armitage](#), [Thomas Carlton](#), [Jasmin Pilling](#) and [Eireann McAuley](#), all demanding a lifetime of love for Care Experienced people.

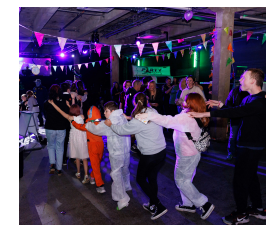
## Time to Shine Returns

To close out Care Experienced Week we held our Time to Shine festival at SWG3 in Glasgow. 300 of our members enjoyed music, games and activities all themed around outer space. We had people dressed as aliens, astronauts and the sun even made an appearance.

People were dancing to music, making jewellery, having their faces painted, having glitter makeup applied and having fun on the inflatable games.

We were provided with burgers and pizza for lunch and a tuck shop full of sweet treats.

Everyone had so much fun and it was a lovely way to end Care Experienced Week.



## UNCRC Videos

To complement our 'Realising the UNCRC' training sessions that were delivered earlier this year, we have created these two resources about participation. We spoke to Laura Pasternak (Policy and Public Affairs Manager) and Gavin Morgan (National Development Coordinator) who shared their best practices and top tips for meaningful participation. You can see the videos by clicking the images below.



## Lesson Plan

We recently published a lesson plan for primary schools to use when discussing care experience in the classroom. A 'Design a Skateboard' exercise is included to tie in with the wonderful new [Christmas advert from John Lewis](#), our new charity partner. It was designed as part of our [Communities that Care](#) project. You can see it [here](#).



## Promising Practice



In each newsletter we like to share some of the great work Corporate Parents and other organisations across Scotland are doing to help Care Experienced people. In this edition we hear from Laura Doherty (Public Health Project Manager for Infants, Children and Young People) at NHS Ayrshire and Arran and their Corporate Parenting Task Force.

As a Corporate Parent and key partner in ensuring the health and wellbeing of our children in care, NHS Ayrshire & Arran recognises that we need to respond to our Corporate Parenting duties, as well as the findings from the Independent Care Review and barriers to change identified in Oversight Board Report 1.

We recognise the need to interpret what The Promise means for us as a health board. Working in collaboration with our partners, we will design change around children, young people and their families.

At the start of the current three-year period as Corporate Parents, we revitalised the NHS Ayrshire & Arran Strategic Corporate Parenting Group, and clearly articulated our overarching vision.

### NHS Ayrshire and Arran Corporate Parenting Vision and Focus

CEL16 Responsibilities



Planning and Reporting Collaboratively



Care Experience and our workforce



Tackling Stigma and Reframing Care Experience



Advocating and Awareness Raising



Joining the Dots



### Development of the NHS Ayrshire & Arran Strategic Corporate Parenting Group and the NHS Ayrshire & Arran Corporate Parenting Task Force

To take forward our vision, the NHS Ayrshire & Arran Corporate Parenting Task Force has key decision makers as work stream leads. The group aims to improve outcomes for and to fulfil our statutory health duties to infants, children and young people (ICYP) under the care of Corporate Parents in Ayrshire and Arran. It contributes to the overarching aims of the NHS Ayrshire & Arran Corporate Parenting strategy, as well as the aims of our East, North and South Ayrshire Corporate Parenting structures and plans.

This group provides a vehicle for pan-Ayrshire collaboration across services.



The core membership of the group is:

- Associate Nurse Director
- Senior Health and Social Care Partnership (HSCP) Managers in East, North and South Ayrshire
- Consultant Paediatrician with responsibility for care experienced children and young people
- Child and Adolescent Mental Health Services Lead
- Primary Care Manager – Dental Services
- Children and Young People's participation lead
- Public Health Project Manager for infants children and young people

Additional membership and involvement is dependent on work stream requirements and, to date, has included a wide range of professionals, including primary care representatives, health economist, Public Dental Health consultant, Allied Health Professionals (AHPs) and social work.



**Each work stream considers a key area in which work is essential to: (see image bottom left)**

- meet the statutory requirements of the Children and Young People Scotland Act;
- ensure the organisation can meet the directions set out in in CEL 16;
- support change required to "Keep The Promise";
- support the rights respecting approach of the United Nation's Convention of the Rights of the Child (UNCRC); and
- tackle inequalities experienced by vulnerable population groups which will support the overall vision set out in Caring for Ayrshire.

To celebrate Care Experienced Week 2022, we shared a report on our progress as a Task Force this year. For more information, please contact [Laura Doherty - Public Health Project Manager for Infants, Children and Young People](#).

Dawn Parker, Participation Lead for the NHS AA Corporate Parenting Task Force said: "The participation workstream of our Corporate Parenting Task Force has used The Promise as a framework for looking inward at our own systems. This will help us to better understand how we engage and support our young people and their wider families.

"We have learned the value of a shared approach across Ayrshire that is rooted in rights-based practice. We know that we now have to look at the language used across our systems and how we communicate with children, young people and their families.

"Moving forward, we are looking at the impact of our Task Force workstream activity using children's rights and wellbeing impact assessment tools as only then will we be in a position to progress to the next level of meaningful participation, which will support young people's direct involvement in how we shape service design and delivery."

**2022-2023**

**SAVE  
THE DATE**

for Care Day  
February 17th  
2023



Click here to see our  
training offer for 2022-23

# TRAINING AND EDUCATION AT WHO CARES? SCOTLAND

## COLLABORATIVE TRAINING SESSIONS

**Dates for the diary**

### **Navigating Convictions for Fair Recruitment**

Monday 30th January 2023

[Book Here](#)

### **Mental Health and Corporate Parenting**

Thursday 9th February 2023

[Book Here](#)

### **Sex, Relationships and Reproductive Health**

Tuesday 14th February 2023

[Book Here](#)

### **Education, Learning and Corporate Parenting**

Tuesday 14th March 2023

[Book Here](#)

### **Health in the Care Experienced Community**

Tuesday 28th March 2023

[Book Here](#)

## Who Cares? Scotland's Collaborative Corporate Parenting Network

Are you a Proud Corporate Parent? Do you want an opportunity to shout about the work you're doing for Care Experienced people, while learning what others outside of your own sector are doing?

We're looking for Corporate Parents who are passionate, driven and excited about Corporate Parenting to connect with other like-minded individuals based not on locality or sector, but a desire to make a difference for the Care Experienced community.

**CORPORATE PARENTS TOLD US** they wanted more opportunities to collaborate and ways to keep Corporate Parenting on the agenda.

**CORPORATE PARENTS WANTED** real, tangible examples of positive Corporate Parenting from other organisations which they can learn from/adapt for their own teams.

**INTRODUCING** The Who Cares? Scotland Collaborative Corporate Parenting Network: a space for Corporate Parenting pioneers to come together and collaborate and share Corporate Parenting plans and ambitions in an informal, exploratory way.

Together we can improve the lives of those with care experience. We look forward to hearing from you!

Email: [corporateparenting@whocaresscotland.org](mailto:corporateparenting@whocaresscotland.org)



# 2022

This year the Training and Education team have trained

**2380**

people, across

**79**

sessions.

And we have delivered

**14**

themed training events.

We created

**10+**

guidance resources and videos.

**"Training excellent -  
applying it to each  
organisation should  
be next step"**

**"I wanted to let you know about the  
fantastic response to our animation.  
Our colleagues have come forward  
to learn more about the group and  
our members are getting in touch  
with them to offer support."**

**"Tell as much people  
as often as possible  
about the important  
messages you shared  
with us"**





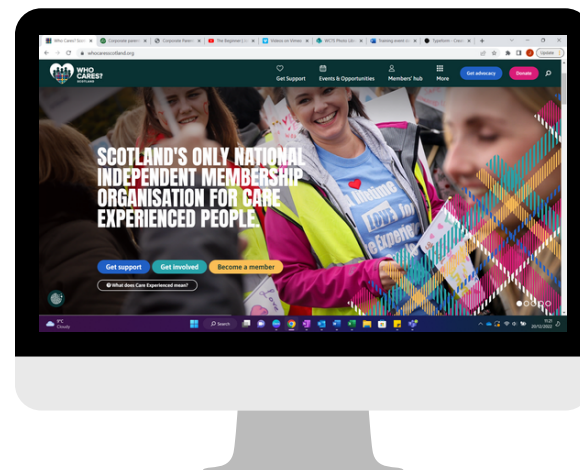
EQUALITY | RESPECT | LOVE

If you would like to work with us or find out more about our training offer please do get in touch, we'd love to hear from you.

**[corporateparenting@whocaresscotland.org](mailto:corporateparenting@whocaresscotland.org)**



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Click above to visit our freshly redesigned website.